



Paddle Canada Level 2 Training - 2009

Dates: July 8 - 12, 2009

Location: North River Kayak Tours, St. Ann's Bay (Cape Breton)

Cost: \$689.00 + HST (includes tent site, equipment, instruction and certification fee's)

The 5-Day Sea Kayak Level 2 training offers intensive practical and theoretical skills training including the following:

Aim

Level-2 provides the skills and knowledge for proficient kayaking on overnight trips along a moderately exposed coastline with frequent easy landing opportunities.

Prerequisites

Paddle Canada Level-1 Skills certification or equivalent skill and knowledge.
Experience: At least 3, one day long, kayaking trips in different locations
Wilderness First Aid (16 hours) strongly recommended

Course 5 days including 1 overnight

Class ratio: 1 instructor: 4 participants

Location Moderately exposed coastline with frequent easy landing opportunities

Conditions

Moderate winds (12-19 knots), combined sea state less than 1-metre with a moderate Sea state. Current < 3 knots.

Introduction

This 5-day program is the third step in the national certification program. It takes the participant from the shelter of level 1 condition and develops the skills and knowledge necessary for paddling on an exposed coastline in moderate conditions. Candidates will be assessed on their ability to paddle on exposed coastlines including overnights in moderate conditions with others of similar ability. Students will be exposed to surf-beaches, swell and waves, open crossings, tidal currents and challenging navigation.



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REGISTRATION FORM

Please complete the following Registration Form and forward 50% deposit (\$445.79) to confirm your space on the course. Balance due two weeks prior to course commencement.

Date of Course: July 8th – 12th, 2009

Name: _____

Full Mailing Address: _____

E-Mail Address: _____

Daytime phone: _____ Evening phone: _____

Fax: _____ Dietary Restrictions: _____

Paddling Experience: Beginner Novice Experienced

Equipment rental is included in the registration fee, however participants who do have their own equipment are strongly encouraged to bring and use their gear. Please indicate with a check mark what gear you will require:

Kayak Paddle Spray Skirt Life Jacket

Pump Throw line Paddle Float Whistle

Should you require a kayak from NRK Tours please provide the following details:

Height _____ Weight _____

Method of Payment:

Cash Cheque Visa Mastercard

Card Number and Expiry Date: _____

Card Holder's Name: _____

Signature: _____

***Please note:** All participants will be forwarded a Waiver & Liability Form to be completed and returned prior to commencement of the course.*

***Cancellation Policy:** Full refund will be provided with more than 30 days notice of cancellation. 31 - 0 days prior to departure/course date - no refund.*